



**L.O.C.K.U.P.®**  
POLICE COMBAT SYSTEMS

**Lead Instruction by  
Det. Rob Magao**

**17 Year  
LE Officer**

**Life long martial artist,  
achieved Black Belt in  
Gracie Jiu Jitsu**

**Master L.O.C.K.U.P.®  
Trainer**

**SWAT Operator  
&**

**Owner of  
Bushido Jiu-jitsu  
Academy**

[www.manchesterbjj.com](http://www.manchesterbjj.com)

**ROOMS AVAILABLE  
at the Academy**

**Reservations Call  
508.867.1505**

Checks Payable to:

**KFD Training  
and Consultation LLC**

**PO Box 290931**

**Wethersfield, CT**

**06129-0931**

**860.436.6975**

[www.policecombat.com](http://www.policecombat.com)

**ONLY  
\$625.00 Per Student**

**Class Hours  
0800 - 1600 Hours**



## Massachusetts State Police

Hosts

**L.O.C.K.U.P.®**

### Police Ground Fighting Instructor Training September 28 - October 2, 2015

The L.O.C.K.U.P.® Police Ground Fighting 5 day Instructor class is an in-depth presentation of police ground fighting arrest and control techniques that develop a solid foundation of law enforcement ground combatives. With a high estimated amount of fighting engagements going to the ground to secure a suspect law enforcement must be prepared to use tactics and strategies specifically focused on ground fighting tactics designed for law enforcement engagements, not sport orientated responses. L.O.C.K.U.P.® orientation provides the base of the system with the course specifically focusing on grounded engagements.

#### Topics Include:

- The L.O.C.K.U.P.® Police Combat System
- Understanding the dynamics of law enforcement engagements
- Environmental and situational awareness
- Integration of standing arrest and control tactics
- Understand the limitations when involved in grounded combat
- Falling and rolling techniques
- One Leg Takedown
- Ground Positions - Mount, Guard and Side Control Platforms
- Police Ground Fighting vs. Sport Grappling
- Counter Offense from the Guard Position
- Counter Offense from the Mounted Position
- Maintaining and Escaping the Side – Control
- Submission Holds to L.O.C.K.U.P. Handcuffing positions
- Weapon Retention from a Grounded Position
- Forearm Fusion Handgun Defense Techniques
- Drawing from Grounded Positions



#### REQUIRED EQUIPMENT

- BDU Style Pants · Boots with ankle support · Body Armor · Groin protection
- Full duty belt · Red Gun · No shorts.

Student will receive a training manual, certificate and instructor shirt

Sponsored By

**Massachusetts State Police**

**340 West Brookfield Rd. - New Braintree MA 01531**

**Contact - Training Coordinator Trp Earl Johnson**

**Email - [earl.johnson@MassMail.State.MA.US](mailto:earl.johnson@MassMail.State.MA.US)**

**508.867.1505**



**POLICECOMBAT.COM®**

"FOR HOW YOU TRAIN...SO SHALL YOU FIGHT."

## REGISTRATION INFORMATION

Name		Title/Rank	TEE SHIRT SIZE
Agency / State			
Address			
City, ST, Zip			
Telephone #			
Country		Email	
Agency Contact Person			
Email		Telephone	

## COURSE / SEMINAR INFORMATION

Course	<b>5 Day L.O.C.K.U.P. ® Police Ground Fighting - Instructor Training</b>
Location	<b>Massachusetts State Police 340 West Brookfield Rd. - New Braintree MA 01531</b>
Contact Person	<b>Training Coordinator Trooper Earl Johnson Email - earl.johnson@MassMail.State.MA.US / Phone 508.867.1505</b>
Dates	<b>September 28 - October 2, 2015</b>
Course Cost	<b>\$625.00</b>

## REGISTRATION

Method (Circle)	Check Enclosed	Credit Card	Bill My Department
Credit Card	American Express	Visa	MasterCard
Card Number		Exp Date	
Signature			

### HOW TO REREGISTER:

Mail to KFD Training and Consultation LLC— 67 Beaver Rd. # 290931 Wethersfield, CT 06129-0931  
Fax to Ms. Jackie Pentalow at 860.436.6975  
Register online at [www.policecombat.com](http://www.policecombat.com)

Please be advised that this course is physically intensive and all participants should be in good physical condition.

**Cancellation Policy: Students will receive a full refund if the registration is cancelled within 3 weeks of the training date. No refunds will be given if the class is cancelled within 3 weeks of start of course.**