



Daytona State College School of Emergency Services  
Hosting

L.O.C.K.U.P.®

Overcoming Size Differences for Female Enforcers

Sept. 22 - 23, 2016

Lead Instructor  
Lt. Toni Weinbeck

This two day course is designed to address violent encounters dealing with suspects of larger stature. When attempting control larger suspects, size and strength differentials necessitate combat strategies less reliant on pure upper body strength. The concepts and techniques can be utilized by any officer addressing a larger suspect. The days are hands-on and mentally challenging. Officers train and drill wearing vest, gun belt and gear because anything else makes no sense.

**Officers learn:**

L.O.C.K.U.P. Police Training System and Principles

- Risk Assessment and Threat Indicators
- Ground fighting counter measures
- Fear Management and Control
- Fighting Techniques and Fatigue
- Understanding Weapon Integration
- Decisive Takedown Manipulations
- Active Diffusion Strategies
- Team Approach and Strategies
- Understanding Mass / Power and Kinetic Energy
- Overcoming/ Understanding Size Challenges
- Using Your Size to Your Benefit
- Proper Weapon and Target Selection
- Taser to Physical Control



*"I saw a 6'0, 210 lbs male choking another male and punching him in the stomach. I approached and performed a LOCKUP takedown. I maintained control until my backup arrived. If there's anyone who doesn't think L.O.C.K.U.P. works. It does! Thank you!"*

Officer Jen Garcia:  
5'7 95 lbs

KFD Training  
and Consultation  
PO Box 290931  
Wethersfield, CT  
06129-0931  
860.436.6975

**100% of past attending students  
recommend this course to their peers!**

**REQUIRED EQUIPMENT**

- BDU Style Pants
- Boots w ankle Support
- Body Armor
- Red Gun / Full Gun belt
- Handcuffs and keys

**"This course saved my life."**  
Dep. S. E St Johns FL PD

**ONLY \$329.00**

Register by fax or  
Online  
[www.policecombat.com](http://www.policecombat.com)

**0800 - 1630**

Specifically  
designed for  
Female Enforcers!

Hosted By

Daytona State College School of Emergency Services  
1770 Technology Blvd. - Off North Williamson Blvd.  
ATC Campus Daytona Beach, FL.32117  
Ms. Robin Davis - 386-506-4141 office

[Robin.Davis@daytonastate.edu](mailto:Robin.Davis@daytonastate.edu)

REGISTER ONLINE



**POLICECOMBAT.COM**®

"FOR HOW YOU TRAIN...SO SHALL YOU FIGHT."

**REGISTRATION INFORMATION**

|                       |  |            |  |
|-----------------------|--|------------|--|
| Name                  |  | Title/Rank |  |
| Agency / State        |  |            |  |
| Address               |  |            |  |
| City, ST, Zip         |  |            |  |
| Telephone #           |  |            |  |
| Country               |  | Email      |  |
| Agency Contact Person |  |            |  |
| Email                 |  | Telephone  |  |

**COURSE / SEMINAR INFORMATION**

|                |   |
|----------------|---|
| Course         | <b>L.O.C.K.U.P.® - Controlling Larger Combatants<br/>Overcoming Size Differences for Female Enforcers</b> |
| Location       | <b>1770 Technology Blvd. - Off North Williamson Blvd.<br/>ATC Campus Daytona Beach, FL.32117</b>          |
| Contact Person | <b>Ms. Robin Davis - 386-506-4141 office<br/>Robin.Davis@daytonastate.edu</b>                             |
| Dates          | <b>Sept. 22 - 23, 2016 0800 - 1630 hours</b>  |
| Course Cost    | <b>ONLY \$329.00</b>  |

**REGISTRATION**

|                 |                  |             |                    |
|-----------------|------------------|-------------|--------------------|
| Method (Circle) | Check Enclosed   | Credit Card | Bill My Department |
| Credit Card     | American Express | Visa        | MasterCard         |
| Card Number     |                  | Exp Date    |                    |
| Signature       |                  |             |                    |

**HOW TO REGISTER:**

1. Mail to KFD Training and Consultation LLC 67 Beaver Rd. # 290931 · Wethersfield CT 06109 - 0931
2. Fax Ms. Tammy LaBonte Fax 860. 436.9822 - Office 860.436.6975
3. Register online at [www.policecombat.com](http://www.policecombat.com)

**Please be advised that this course is physically intensive and involves physical combat training. All participants should be in good physical condition and physically active.**

Cancellation Policy: Students will receive a full refund if the registration is cancelled one month prior to the start of training. No refunds will be given is student cancels within 3 weeks of start of training