



Hennepin County Sheriff's Office

Hosting

L.O.C.K.U.P.®

Overcoming Size Differences for Female Enforcers

Sept. 21 - 22, 2017

Lead Instructor

Lt. Toni Weinbeck

"I saw a 6'0, 210 lbs male choking another male and punching him in the stomach. I approached and performed a LOCKUP takedown. I maintained control until my backup arrived. If there's anyone who doesn't think L.O.C.K.U.P. works. It does! Thank you!"

Officer Jen Garcia:

5'7 95 lbs

KFD Training
and Consultation
PO Box 290931
Wethersfield, CT
06129-0931
860.436.6975

ONLY \$339.00
0800 - 1600

www.policecombat.com

This two day course is designed to address violent encounters dealing with suspects of larger stature. When attempting control larger suspects, size and strength differentials necessitate combat strategies less reliant on pure upper body strength. The concepts and techniques can be utilized by any officer addressing a larger suspect. The days are hands-on and mentally challenging. Officers train and drill wearing vest, gun belt and gear because anything else makes no sense.

Officers learn:

L.O.C.K.U.P. Police Training System and Principals

- Risk Assessment and Threat Indicators
- Dynamics of Police Engagements
- Fear Management and Control
- Police Combat vs. Defensive Tactics
- Fighting Techniques and Fatigue
- Understanding Weapon Integration
- Offensive Takedown Manipulations
- Active Diffusion Strategies
- Team Approach and Strategies
- Understanding Mass / Power and Kinetic Energy
- Overcoming/ Understanding Size Challenges
- Using Your Size to Your Benefit
- Proper Weapon and Target Selection
- Taser to Physical Control



REQUIRED EQUIPMENT

- BDU Style Pants
- Boots w ankle Support
- Body Armor
- Groin protection
- Red Gun / Full Gun belt
- Handcuffs

"This course saved my life."

Dep. S. E St Johns FL PD

100% of past attending students recommend this course to their peers!

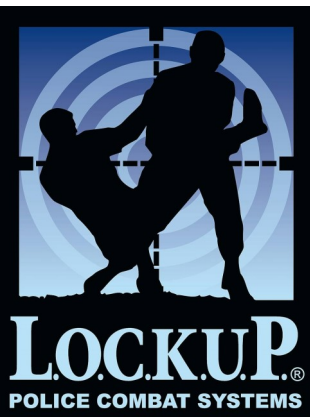
Sgt. Joseph Eckes
Hennepin County Sheriff's Office
401 S. 4th Ave. #213b

Minneapolis, MN 55415

Phone: 612-596-1469

Email: Joseph.Eckes@hennepin.us

REGISTER ONLINE AT



POLICECOMBAT.COM 

REGISTRATION INFORMATION

Name		Title/Rank	
Agency / State			
Address			
City, ST, Zip			
Telephone #			
Country		Email	
Agency Contact Person			
Email		Telephone	

COURSE / SEMINAR INFORMATION

Course	L.O.C.K.U.P.® - Controlling Larger Combatants Overcoming Size Differences for Female Enforcers
Location	Hennepin County Sheriff's Office 401 S. 4th Ave. #213b Minneapolis, MN 55415
Contact Person	Sgt. Joseph Eckes Phone: 612-596-1469 Email: Joseph.Eckes@hennepin.us
Dates	Sept. 21 - 22, 2017 0800 - 1600 hours
Course Cost	\$339.00

REGISTRATION

Method (Circle)	Check Enclosed	Credit Card	Bill My Department
Credit Card	American Express	Visa	MasterCard
Card Number			Exp Date
Signature			

HOW TO REGISTER:

1. Mail to KFD Training and Consultation LLC 67 Beaver Rd. # 290931 · Wethersfield CT 06109 - 0931
2. Fax Ms. Tammy LaBonte 860. 436.9822
3. Register online at www.policecombat.com

Please be advised that this course is physically intensive and involves physical combat training. All participants should be in good physical condition and physically active.

Cancellation Policy: Students will receive a full refund if the registration is cancelled one month prior to the start of training. No refunds will be given is student cancels within 30 days of start of training