



ST. PAUL, MN, POLICE DEPARTMENT

Hosting

L.O.C.K.U.P.® - Controlling Larger Combatants: “Overcoming Size Differences for Female Officers”

MARCH 14-15, 2018

This two day course is designed to address violent encounters dealing with suspects of larger stature. When attempting control larger suspects, size and strength differentials necessitate combat strategies less reliant on pure upper body strength. The concepts and techniques can be utilized by any officer addressing a larger suspect. The days are hands-on and mentally challenging. Officers train and drill wearing vest, gun belt and gear because anything else makes no sense.

Officers learn:

L.O.C.K.U.P. Police Training System and Principals

- Risk Assessment and Threat Indicators
- Dynamics of Police Engagements
- Fear Management and Control
- Police Combat vs. Defensive Tactics
- Fighting Techniques and Fatigue
- Understanding Weapon Integration
- Offensive Takedown Manipulations
- Active Diffusion Strategies
- Team Approach and Strategies
- Understanding Mass / Power and Kinetic Energy
- Overcoming/ Understanding Size Challenges
- Using Your Size to Your Benefit
- Proper Weapon and Target Selection
- Taser to Physical Control



REQUIRED EQUIPMENT

- BDU Style Pants
- Boots w ankle Support
- Body Armor
- Groin protection
- Red Gun / Full Gun belt
- Handcuffs

100% of past attending students recommend this course to their peers!

“This course saved my life.”

Dep. S. E St Johns FL PD

Local Contact:

Sergeant Mary (Mollie) Brodt

St. Paul Police Department

Professional Development Institute Training Unit

651.266.5652

mary.brodt@ci.stpaul.mn.us

REGISTER ONLINE AT

POLICECOMBAT.COM



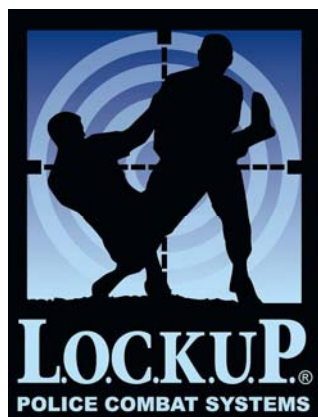
“I saw a 6’0, 210 lb. male choking another male and punching him in the stomach. I approached and performed a LOCKUP takedown. I maintained control until my backup arrived. If there’s anyone who doesn’t think L.O.C.K.U.P. works. It does! Thank you!”

Officer Jen Garcia:
5’7 95 lbs

**KFD Training
and Consultation
PO Box 290931
Wethersfield, CT
06129-0931
860.436.6975**

**ONLY \$339.00
0800 - 1600**

**Register At:
www.policecombat.com**



REGISTRATION INFORMATION

Name		Title/Rank	
Agency / State			
Address			
City, ST, Zip			
Telephone #			
Country		Email	
Agency Contact Person			
Email		Telephone	

COURSE / SEMINAR INFORMATION

Course	L.O.C.K.U.P.® - Controlling Larger Combatants: Overcoming Size Differences for Female Officers
Location	St. Paul Police Department-Richard Rowan Training Facility 600 Lafayette Road, N. St. Paul, MN
Local Contact Person	Sgt. Mary (Mollie) Brodt, 651.266.5652 mary.brodt@ci.stpaul.mn.us
Dates	MARCH 14-15, 2018 - 0800 - 1600 hours
Course Cost	\$339.00

REGISTRATION

Method (Circle)	Check Enclosed	Credit Card	Bill My Department	
Credit Card	American Express	Visa	MasterCard	
Card Number			Exp Date	
Signature				

HOW TO REGISTER:

1. Register online at www.policecombat.com
2. Fax Ms. Tammy Lynn LaBonte, 860. 436.9822
3. Mail to KFD Training and Consultation LLC 67 Beaver Rd. # 290931 · Wethersfield CT 06109 - 0931

**Please be advised that this course is physically intensive and involves physical combat training.
All participants should be in good physical condition and physically active.**

**Cancellation Policy: Students will receive a full refund if the registration is cancelled one month prior to the start of training.
No refunds will be given if student cancels within less than 30 days of start of training.**