



**South Metro Public Safety Training Facility**  
*Hosting*  
**L.O.C.K.U.P.® Police Combat**  
**Ground Fighting Instructor Training**  
**March 19 - 23, 2018**

**Instruction by**

**Det. Rob Magao**

**20 Year  
 LE officer  
 Black Belt in  
 Gracie Jiu Jitsu  
 Master L.O.C.K.U.P.®  
 Trainer  
 SWAT Operator  
 &  
 Owner of  
 Bushido Jiu-jitsu  
 Academy**  
[www.manchesterbjj.com](http://www.manchesterbjj.com)

**Hours of Class  
 0800 - 1600 Daily**

Checks Payable to:  
**KFD Training  
 and Consultation LLC**  
 PO Box 290931  
 Wethersfield, CT  
 06129-0931  
 860.436.6975  
[www.policecombat.com](http://www.policecombat.com)

**ONLY  
 \$709.00 Per Student**



The L.O.C.K.U.P.® Police Ground Fighting Instructor Course is an in-depth presentation of police ground fighting arrest and control techniques that develop a solid foundation of law enforcement ground combatives. With an estimated amount of fighting engagements going to the ground to secure a suspect law enforcement must be prepared to use tactics and strategies specifically focused on ground fighting tactics designed for law enforcement engagements, not sport orientated responses. L.O.C.K.U.P.® orientation provides the base of the system with the course specifically focusing on grounded engagements.

**Topics Include:**

- The L.O.C.K.U.P.® Police Combat System
- Environmental and Situational Awareness
- Integration of standing arrest and control tactics
- Understand the limitations of grounded combat
- Multiple officers coordinated control tactics
- Mount, Guard and Side Control Platforms
- Police Ground Fighting vs. Sport Grappling
- Counter Offense from the Guard Position
- Counter Offense from the Mounted Position
- Maintaining and Escaping the Side –Control
- Submission Holds to Handcuffing positions
- Weapon Retention from a Grounded Position
- Instructor methodologies and concepts
- Plus much more...



**REQUIRED EQUIPMENT**

- **POSTC Credits Approved**
- BDU Style Pants · Boots with ankle support · Body Armor · Groin protection
- Full duty belt · Red Gun · No shorts allowed, officers wear gear!

Student will receive a training manual, certificate and Instructor Shirt.

**Contact: Debra Fields, Executive Director**  
**South Metro Public Safety Training Facility**  
**7525 Braemar Blvd., Edina, MN 55439**  
**Direct: 952.903.5700**  
**dfields@southmetro.training**

**REGISTER ON-LINE AT**



**POLICECOMBAT.COM®**

"FOR HOW YOU TRAIN...SO SHALL YOU FIGHT."

## REGISTRATION INFORMATION

Name		Title/Rank	TEE SHIRT SIZE
Agency / State			
Address			
City, ST, Zip			
Telephone #			
Country		Email	
Agency Contact Person			
Email		Telephone	

### COURSE / SEMINAR INFORMATION

Course	<b>5 Day L.O.C.K.U.P.® Police Ground Fighting Instructor Certification</b>
Location	<b>South Metro Public Safety Training Facility 7525 Braemar Blvd., Edina, MN 55439</b>
Contact Person	Deb Fields, Executive Director 952.903.5700 dfields@policeandfire.training
Dates	<b>March 19—23, 2018</b>
Course Cost	<b>\$709.00</b>

### REGISTRATION

Method (Circle)	Check Enclosed	Credit Card	Bill My Department	
Credit Card	American Express	Visa	MasterCard	
Card Number			Exp Date	
Signature				

#### **HOW TO REREGISTER:**

Mail to KFD Training and Consultation LLC— 67 Beaver Rd. # 290931 Wethersfield, CT 06129-0931  
 Fax to Ms. Jackie Pentalow at 860.436.6975  
 Register online at [www.policecombat.com](http://www.policecombat.com)

Please be advised that this course is a physically active arrest and control training program.

All participants should be in good and active physical condition.

Cancellation Policy: Students will receive a full refund if the registration is cancelled within 30 days of training.

No refunds will be given if student cancels within 30 days of start of training.