



Springfield MA Police Department Hosting Controlling Larger Combatants Overcoming Size Differences for Female Enforcers May 21 - 23, 2024

This three day course is designed to address violent encounters dealing with suspects of larger stature. When attempting control larger suspects, size and strength differentials necessitate combat strategies less reliant on pure upper body strength. The concepts and techniques can be utilized by any officer addressing a larger suspect. The days are hands-on and mentally challenging. Officers train and drill wearing vest, gun belt and long pants because anything else makes no sense.

"I saw a 6'0, 210 lbs male choking another male and punching him in the stomach. I approached and performed a LOCKUP takedown. I maintained control until my back-up arrived. If there's anyone who doesn't think L.O.C.K.U.P. works. It does!"

Thank you!"
Officer Jen Garcia:
5'7 95 lbs

Officers learn:

L.O.C.K.U.P. Police Training System and Principles

- Risk Assessment and Threat Indicators
- Ground Fighting Counter Measures
- Fear Management and Control
- Fighting Techniques and Fatigue
- Understanding Weapon Integration
- Decisive Takedown Manipulations
- Active Diffusion Strategies
- Team Approach and Strategies
- Understanding Mass / Power and Kinetic Energy
- Overcoming/ Understanding Size Challenges
- Using Your Size to Your Benefit
- Proper Weapon and Target Selection
- Taser to Physical Control



ONLY \$695.00

0830 - 1630

L.O.C.K.U.P.
Handout Materials
Provided

**Specifically
designed for
Female Enforcers!**

KFD Training
and Consultation
67 Beaver Rd. # 290931
Wethersfield, CT
06129-0931
Office 860.436.6975

REQUIRED EQUIPMENT

- BDU Style Pants
- Boots w ankle Support
- Red Gun / Full Gun belt
- Body armor

"This course saved my life."
Dep. S. E. - St Johns FL PD

**5 Star Rating from attending students!
100 % Recommend this course to their peers!**



LOCATION Springfield MA PD Training Range

50 East St. Springfield MA 01104
Academy / Training Division
Contact - Lt. Eleni Barbieri

Ebarbieri@springfieldpolice.net

Office (413-244-5731)

REGISTER AT

www.LockupPoliceTraining.com



LOCKUP POLICE TRAINING SYSTEMS POLICETRAINING.COM



REGISTRATION INFORMATION

Name		Title/Rank	
Agency / State			
Address			
City, ST, Zip			
Telephone #			
Country		Email	
Agency Contact Person			
Email		Telephone	

COURSE / SEMINAR INFORMATION

Course	L.O.C.K.U.P.® - Controlling Larger Combatants <i>Overcoming Size Differences for Female Enforcers</i>
Location	Springfield MA PD Training Range 50 East St. Springfield MA 01104
Contact Person	Lt. Eleni Barbieri Ebarbieri@springfieldpolice.net / Office (413-244-5731)
Dates	May 21 - 23, 2024 Hours 0830 - 1630 hours
Course Cost	ONLY \$695.00

REGISTRATION

Method (Circle)	Check Enclosed	Credit Card	Bill My Department
Credit Card	American Express	Visa	MasterCard
Card Number			Exp Date
Signature			

HOW TO REGISTER:

1. Mail to KFD Training and Consultation LLC 67 Beaver Rd. # 290931 · Wethersfield CT 06109- 0931
2. Contact Ms. Tammy LaBonte Office 860.436.6975
3. **Register online at www.LockupPoliceTraining.com**

Please be advised that this course is physically intensive and involves physical combat training. All participants should be in good physical condition and physically active.

Cancellation Policy: Students will receive a **full refund or a credit** if the registration is cancelled no less than thirty (30) days prior to the start of training. **No refunds** will be given if student cancels within less than thirty (30) days of start of training.

If a student cancels within twenty-one (21) days of the start of the training, **a credit will be issued.**

No credits will be issued if a student cancels within less than twenty-one (21) days of the start of the training.