

"I saw a 6'0, 210 lbs male choking another male and punching him in the stomach. I approached and performed a LOCKUP takedown. I maintained control until my back-up arrived. If there's anyone who doesn't think L.O.C.K.U.P. works. It does!

Thank you!"
Officer Jen Garcia:
5'7 95 lbs

**ONLY \$695.00** 

0800 - 1630 L.O.C.K.U.P. Handout Materials Provided

Specifically designed for Female Enforcers!

KFD Training and Consultation 67 Beaver Rd. # 290931 Wethersfield, CT 06129-0931 Office 860.436.6975

# St. Louis County & Municipal Police Academy Hosting

# Controlling Larger Combatants Overcoming Size Differences for Female Enforcers May 15 - 17, 2024

This three day course is designed to address violent encounters dealing with suspects of larger stature. When attempting control larger suspects, size and strength differentials necessitate combat strategies less reliant on pure upper body strength. The concepts and techniques can be utilized by <u>any officer</u> addressing a larger suspect. The days are hands-on and mentally challenging. Officers train and drill wearing vest, gun belt and long pants because anything else makes no sense.

#### Officers learn:

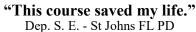
L.O.C.K.U.P. Police Training System and Principles

- Risk Assessment and Threat Indicators
- Ground Fighting Counter Measures
- Fear Management and Control
- Fighting Techniques and Fatigue
- Understanding Weapon Integration
- Decisive Takedown Manipulations
- Active Diffusion Strategies
- Team Approach and Strategies
- Understanding Mass / Power and Kinetic Energy
- Overcoming/ Understanding Size Challenges
- Using Your Size to Your Benefit
- Proper Weapon and Target Selection
- Taser to Physical Control

## REQUIRED EQUIPMENT

- BDU Style Pants
- Boots w ankle Support
- Red Gun / Full Gun belt
- Body armor
- Handcuffs and keys







100 % Recommend this course to their peers!

## **LOCATION**

St. Louis County & Municipal Police Academy 1266 Sutter Avenue • Wellston • MO 63133 Contact - Sgt. Chris Thomson cthomson@stlouiscountymo.gov Office (314) 889-8606

REGISTER www.LockupPoliceTraining.com





REGISTRATION INFORMATION					
Name				Title/Rank	
Agency / State					
Address					
City, ST, Zip					
Telephone #					
Country		Email			
Agency Contact Person					
Email			Telephone		
COURSE / SEMINAR INFORMATION					
L.O.C.K.U.P.® - Controlling Larger Combatants  Overcoming Size Differences for Female Enforcers					
Location	St. Louis County & Municipal Police Academy 1266 Sutter Avenue • Wellston • MO 63133				
Contact Person	Sgt. Chris Thomson cthomson@stlouiscountymo.gov Office (314) 889-8606				
Dates	May 15 - 17, 2024 Hours 0800 - 1630 hours				
Course Cost	ONLY \$695.00				
REGISTRATION					
Method (Circle)	Check Enclosed	Credit Card	Bill My Department		
Credit Card	American Express	Visa	MasterCard		
Card Number		1	Exp Date		
Signature			L		
HOW TO REGISTER:  1. Mail to KFD Training and Consultation LLC 67 Beaver Rd. # 290931 · Wethersfield CT 06109 - 0931  2. Contact Ms. Tammy LaBonte Office 860.436.6975  3. Register online at www.LockupPoliceTraining.com					

Please be advised that this course is physically intensive and involves physical combat training. All participants should be in good physical condition and physically active.

Cancellation Policy: Students will receive a <u>full refund or a credit</u> if the registration is cancelled no less than thirty (30) days prior to the start of training. <u>No refunds</u> will be given if student cancels within less than thirty (30) days of start of training. If a student cancels within twenty-one (21) days of the start of the training, <u>a credit will be issued</u>.

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