



**OVER 20 YEARS**

CT Arrest and Control  
L.O.C.K.U.P.®  
FBI National Academy  
2022  
Science & Innovation  
Award



The selection committee  
unanimously selected  
L.O.C.K.U.P. Arrest and  
Control Training Systems

The L.O.C.K.U.P. training  
differentiated itself from  
other Defensive tactics  
programs being instructed  
throughout the country.  
L.O.C.K.U.P. is not a  
technique-based training  
system but the emphasis is  
on the actual collection of  
data on the use of force  
incidents, and detailed  
reporting to determine the  
effectiveness and needs  
assessments of the officers  
on the street.

Checks Payable to:  
KFD Training  
and Consultation LLC  
67 Beaver Rd. # 290931  
Wethersfield, CT  
06129-0931  
860.436.6975

**ONLY \$995.00**



# CT Department of Corrections Hosting

## CT Arrest and Control

### L.O.C.K.U.P.®- 9 Day Instructor Training

March 20, 21, 22, 2024 April 3, 4, 5, 2024 and April 17, 18, 19, 2024

The award winning L.O.C.K.U.P.® Police Training Systems, CT 9 Day Arrest and Control - Instructor Course . Developed in 2003 over 20 years and approved by the CT Police Officers and Standards Training council as the foundation of basic training curriculum, this course provides in-depth arrest and control confrontation training. It develops a solid foundation of de-escalation tactics, physical manipulation techniques, and instructional methods that will certify the student as a Basic Connecticut Arrest and Control Instructor. The empty-hand skills can be relied upon by individual officers or with a partner. This system is a complete arrest and control program that fully integrates all weapons systems of law enforcement. This course is NOT based on one martial art but an eclectic system designed to fit the modern-day officer.

### COURSE TOPICS

- Force mitigation strategies
- Risk management for confrontations
- Legal aspects of use of force
- Report writing, documentation and tracking
- Verbal communication - effective de-escalation skills (L.E.A.D.S.)
- Instructional techniques to fit the employee
- Decision making and response selection
- Psychophysiological changes during human aggression
- Ground control (BJJ Jui Jitsu based which has been fully integrated for 20 years)
- Response tactics from multiple platforms
- Technique legal reviews
- Decisive vs. counter measure strategies
- Multiple officer control (Avoiding the chaos)
- Police takedowns to immediate control
- Managing and documenting training
- Weapon retention and disarming
- Edged weapon defense
- Environmental training
- Much more!



*“LOCKUP is based on proven practices of arrest and control deployments designed for law enforcement objectives. The material instructed are retainable and measurable. You can't manage what you don't measure.”*  
Lt. Kevin Dillon (Ret)

Fully compliant with CT Police Reform



*“The agency has an excellent self defense training program which contributed greatly to their success in low usage of less lethal weapons during this accreditation period.”* C.A.L.E.A.® Assessment of L.O.C.K.U.P.®

*\* CT POSTC approved, credits applied \* Based on PROVEN PRACTICES!*

**Hosted By**  
**Department of Corrections**  
**Ed Quijano, Captain**  
**Maloney CTSD**  
 275 Jarvis St., Cheshire, CT.  
 Eduardo.quijano@ct.gov 203 271 5151 office  
**REGISTER ON-LINE**

# LOCKUP.® POLICETRaining.COM

POLICE TRAINING SYSTEMS



## REGISTRATION INFORMATION

Name		Title/Rank	
Agency / State			
Address			
City, ST, Zip			
Telephone #			
Country		Email	
Agency Contact Person			
Email		Telephone	

## COURSE / SEMINAR INFORMATION

Course	Connecticut Arrest and Control Instructor Training L.O.C.K.U.P. ® Police Combat
Location	CT Department of Corrections - Maloney Training Center 275 Jarvis St. Cheshire CT 06410
Contact Person	Ed Quijano, Captain <b>Eduardo.quijano@ct.gov 203 271 5151 office</b>
Dates	(March 20, 21, 22, April 3, 4, 5, and April 17, 18, 19, 2024 Hours 0830 - 1630 daily)
Course Cost	\$995.00 per student

## REGISTRATION

Method (Circle)	Check Enclosed	Credit Card	Bill My Department
Credit Card	American Express	Visa	MasterCard
Card Number			Exp. Date
Signature			

### HOW TO REREGISTER:

1. Mail to KFD Training and Consultation LLC – 67 Beaver Rd. # 290931 – Wethersfield, CT 06129-0931
2. Call Ms. Tammy LaBonte – Administrator Office 860.436.6975
3. **Register online at [www.LockupPoliceTraining.com](http://www.LockupPoliceTraining.com)**

Please be advised that this course is a physically active arrest and control training program.

All participants should be in good and active physical condition.

Cancellation Policy: Students will receive a **full refund or a credit** if the registration is cancelled no less than thirty (30) days prior to the start of training. **No refunds** will be given if student cancels within less than thirty (30) days of start of training.

If a student cancels within twenty-one (21) days of the start of the training, **a credit will be issued.**

**No credits** will be issued if a student cancels within less than twenty-one (21) days of the start of the training.

*“Victory favors the prepared.”*