



# Brooklyn Park PD MN

Hosting  
**L.O.C.K.U.P.® Police System**  
**Arrest and Control Instructor Course**  
**May 11-15, 2026 0830-1630**



The Internationally Recognized Award winning L.O.C.K.U.P.® Police Arrest and Control Instructor Course is an intensive 5-day training program designed to provide comprehensive arrest and control confrontation training. This course equips participants with a robust foundation in physical manipulation techniques, and effective instructional methods. Upon completion, attendees will be certified as L.O.C.K.U.P.® Arrest and Control Instructors. The training focuses on practical, empty-hand skills that can be utilized by individual officers or as part of a team. The singular purpose of the L.O.C.K.U.P.® System is to ensure the safe, swift, and effective control of arrested persons. Developed with real-world applications in mind, the system is field tested, court-tested, defensible, and retainable for officers.

**FBI National Academy Associates**  
**2022 Science & Innovation Award**  
**Presented to L.O.C.K.U.P.**

*The L.O.C.K.U.P. training differentiated itself from other Defensive tactics programs being instructed throughout the country.*

*Not a technique-based training system but the emphasis is on the actual collection of data on the use of force incidents, and detailed reporting to determine the effectiveness and needs assessments of the officers on the street.*

**KFD Training and Consultation LLC**  
**PO Box 290931**  
**Wethersfield, CT**  
**06129-0931**  
**860.436.6975**

**ONLY \$995.00!**  
**MN POST credits Applied**



### COURSE TOPICS

- Risk Management for Confrontations
- Legal Aspects of Use of Force
- Instructional Techniques to Fit the Employee
- Effective Takedowns for Immediate Control
- Equip Trainers to Learn Effective Instructional Methodologies
- Team Subject Control Tactics - Coordinated subject control
- Countermeasures Tactics and Response
- Integration with Less Lethal Options
- Team Communications and Takedowns
- Police Ground Control Techniques (Non-Sport Based)
- Grounded Control Tactics Tailored for Real-world Law Enforcement
- Environmental Training in Various Operational Settings and Energy Management
- Striking for Law Enforcement and Counter Measures
- Understanding Psychophysiological Changes that Occur During Human Aggression
- Report Writing, Documentation, and Tracking
- Verbal Communication and De-escalation Skills - Integrated L.E.A.D.S.



*“The agency has an excellent self defense training program which contributed greatly to their success in low usage of less lethal weapons during this accreditation period.”* C.A.L.E.A.® Assessment of L.O.C.K.U.P.®



“Training **PROVEN** effective for officers. Supported by tracked documented L.O.C.K.U.P. deployments”

**LOCATION**  
**Brooklyn Park PD MN**  
**5400 85th Ave N, Brooklyn Park, MN 55443**  
**Toni Weinbeck - South Precinct Inspector**  
**W. 763-493-8285 C. 763-452-8729**  
**toni.weinbeck@brooklynpark.org**  
**REGISTER**  
**www.LockupPoliceTraining.com**

## REGISTRATION INFORMATION

Name		Title/Rank	
Agency / State			
Address			
City, ST, Zip			
Telephone #			
Country		Email	
Agency Contact Person			
Email		Telephone	

## COURSE / SEMINAR INFORMATION

Course	<b>L.O.C.K.U.P. ® Police Combat - Arrest and Control Instructor Course</b>
Training Location	<b>Brooklyn Park PD MN 5400 85th Ave N, Brooklyn Park, MN 55443</b>
Local Contact Person	<b>Toni Weinbeck</b> - South Precinct Inspector toni.weinbeck@brooklynpark.org W. 763-493-8285 C. 763-452-8729
Dates	<b>May 11-15, 2026 0830-1630</b>
Course Cost	<b>Only \$995.00</b>

## REGISTRATION

Method (Circle)	Check Enclosed	Credit Card	Bill My Department
Credit Card	American Express	Visa	MasterCard
Card Number			Exp Date
Signature			

### HOW TO REGISTER:

1. Register online at [www.LockupPoliceTraining.com](http://www.LockupPoliceTraining.com)
2. Call the Office - Ms. Tammy Lynn LaBonte, 860. 436.6975
3. Mail to KFD Training and Consultation LLC 67 Beaver Rd. # 290931 · Wethersfield CT 06109 - 0931

Please be advised that **this course is physically intensive** and involves physical combat training. All participants should be in good physical condition.

**Cancellation Policy:** Students will receive a full refund if the registration is cancelled two weeks prior to the start of training otherwise there is no refund for the reserved seat. There is no charge for substitution of another person to attend at the last moment.